

## 3 Indigenous Spa Experiences That Celebrate Local Culture

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Located amongst the untamed beauty and crystal blue waters of the Caribbean, Rosewood Little Dix Bay's Journey to The Baths experience allows guests to explore the healing waters of BVIs. Photo courtesy of Rosewood Little Dix Bay

In a recently released survey published by [GetYourGuide](#), 62% of travelers revealed that a trip is "wasted" if they don't experience the local culture during their stay. Cultural experiences have been gaining popularity at travel destinations across the world, and spas are expanding their services to match this interest.

Hyper-local [indigenous](#) plants, produce and other resources are being incorporated into treatments at spas, with many of these resources plucked from the earth within minutes of the treatment space (and some even transporting guests directly to these healing sites). Here are a few spas that offer indigenous travel experiences for guests.

# 1. Timbers Kaua'i Farm to Spa Treatments

The Farm to Spa concept at [Timbers Kaua'i](#) flows into the Nanea Spa with the Ultimate Body Treatment which uses raw Hōkūala Honey harvested from The Farm's organic apiary and coconut oil sourced throughout the Hōkūala Resort. Incorporating organic fruits and herbs harvested from The Farm comes naturally to Nanea Spa, and is also often found complimenting their organic facials and body treatments. Wellness teas and refreshments are offered daily to their spa guests and are infused with herbs such as peppermint, basil, turmeric and [ginger](#) and fruits such as lemon, roselle (edible hibiscus) and soursop leaves, all from The Farm.



Photo courtesy of Timbers Kaua'i